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# **Accommodation and Compliance Series**

# **Accommodation and Compliance Series: Employees** with Amputation

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Funded by a contract with the Office of Disability **Employment Policy, U.S. Department of Labor** 

#### **Preface**

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# JAN'S Accommodation and Compliance Series

# Introduction

JAN's Accommodation and Compliance Series is designed to help employers determine effective accommodations and comply with Title I of the Americans with Disabilities Act (ADA). Each publication in the series addresses a specific medical condition and provides information about the condition, ADA information, accommodation ideas, and resources for additional information.

The Accommodation and Compliance Series is a starting point in the accommodation process and may not address every situation. Accommodations should be made on a case by case basis, considering each employee's individual limitations and accommodation needs. Employers are encouraged to contact JAN to discuss specific situations in more detail.

For information on assistive technology and other accommodation ideas, visit JAN's Searchable Online Accommodation Resource (SOAR) at <a href="https://AskJAN.org/soar">https://AskJAN.org/soar</a>.

# **Information about Amputations**

Amputation means the loss or absence of all or part of a limb. Causes of amputations include peripheral vascular disease (often associated with diabetes), trauma, tumors, and infections. In the United States, limb loss resulting from vascular conditions, referred to as dysvascular amputation, accounts for the majority of lower extremity amputations. Although the rates of limb differences due to congenital anomalies have remained consistent for several decades, dysvascular amputations have increased significantly.

Upper extremity amputations are most often a result of an accident or trauma, with recent warfare increasing the rate of occurrence in the United States. In general, upper extremity amputations occur more often in younger age groups. In the wake of an amputation, a new amputee could have a myriad of post-operative medical concerns such as pain management, infection, and controlling the swelling and shaping of the residual limb. Additionally, there will likely be a period of significant rehabilitation, with a wide range of therapeutic goals that will vary for each individual. Amputees may experience a wide range of emotions in response to the loss of a limb, including anxiety, sadness, depression, anger, and grief.

# Amputations and the Americans with Disabilities Act

The ADA does not contain a list of medical conditions that constitute disabilities. Instead, the ADA has a general definition of disability that each person must meet. A person has a disability if he/she has a physical or mental impairment that substantially

limits one or more major life activities, a record of such an impairment, or is regarded as having an impairment. For more information about how to determine whether a person has a disability under the ADA, see <a href="How to Determine Whether a Person Has a">How to Determine Whether a Person Has a</a> <a href="Disability under the Americans with Disabilities Act Amendments Act (ADAAA)">How to Determine Whether a Person Has a</a> <a href="Disability under the Americans with Disabilities Act Amendments Act (ADAAA)">How to Determine Whether a Person Has a</a>

# **Accommodating Employees with Amputations**

People with amputations may develop some of the limitations discussed below, but seldom develop all of them. Also, the degree of limitation will vary among individuals. Be aware that not all people with amputations will need accommodations to perform their jobs and many others may only need a few accommodations. The following is only a sample of the possibilities available. Numerous other accommodation solutions may exist.

#### **Questions to Consider:**

- 1. What limitations is the employee experiencing?
- 2. How do these limitations affect the employee and the employee's job performance?
- 3. What specific job tasks are problematic as a result of these limitations?
- 4. What accommodations are available to reduce or eliminate these problems? Are all possible resources being used to determine possible accommodations?
- 5. Once accommodations are in place, would it be useful to meet with the employee to evaluate the effectiveness of the accommodations and to determine whether additional accommodations are needed?
- 6. Do supervisory personnel and employees need training?

#### **Accommodation Ideas:**

#### Limitations

#### Balancing

- Living Independently
  - Bath Chairs
  - Canes
  - Crutches
  - Grab Bars
  - Personal Safety and Fall Alert Devices

- Rollators and Rolling Walkers
- Scooters
- Stair Assists
- Stair Lifts
- Swing Away Grab Bars
- Toileting Aids
- Walkers
- Walkers with Seats
- Moving Around
  - All-Terrain Scooters
  - All-Terrain Wheelchairs
  - Canes
  - Crutches
  - Personal Transportation and Mobility Products
  - Rollators and Rolling Walkers
  - Scooters
  - Stair Lifts
  - Walkers with Seats
  - Walkers
- Working at Heights
  - Aerial Lifts
  - Fall Protection
  - Rolling Safety Ladders
- Working Safely
  - Anti-fatigue Matting
  - Evacuation Devices
  - Fall Protection

### Bending

- Accessible Baby Changing Stations
- Adjustable Drafting Tables
- Adjustable Exam Tables

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- Adjustable Massage Tables
- Animal Lift Tables
- Automatic Snow Chains
- Battery Powered Lift Tables
- Compact Material Handling
- Convex Mirrors
- Ergonomic and Pneumatic Tools
- Examination and Procedures Chair
- Long-Handled Mirrors
- Low Task Chair
- Manhole Cover Lifts
- Pickups, Semis, and Heavy Equipment
- Stools for Cutting Hair
- Telescoping Cameras
- Walk-up Changing Tables

### Carrying

- Accessories for Scooters
- Adjustable Exam Tables
- Aerial Lifts
- Ball Transfer Tables
- Carts
- Compact Material Handling
- Compact Mobile Cranes
- Ergonomic Equipment
- Evacuation Devices
- Independent Living Aids
- Lift Gates
- Lifting Aids
- Lightweight Ladders
- Lightweight Lead Aprons
- Manhole Cover Lifts

- Modified Break Schedule
- Multi-Purpose Carts
- Patient Lifts (General)
- Periodic Rest Breaks
- · Pickups, Semis, and Heavy Equipment
- Spring-Loaded Carts
- Stainless Steel Carts and Worktables
- Stairclimbing Handtrucks
- Test Tube Holders
- Tire Handling
- Transfer Aids
- Transfer Sheets
- Trashcans
- Truck Mounted Cranes
- Vacuum Lifts
- Walk-up Changing Tables
- Wheelchair Accessories
- Winches and Chain Hoists

### Effect of/Receive Medical Treatment

- Augmentative and Alternative Communication (AAC) Device
- Flexible Schedule
- Outgoing Voice Amplification Telephone
- Personal On-Site Paging Devices
- Protective Eyewear
- Telework, Work from Home, Working Remotely
- Voice Amplification

# Feeling/Sensing

- Aide/Assistant/Attendant
- Alternative Input Devices
- Alternative Keyboards

- Alternative Mice
- Anti-vibration Gloves
- Anti-vibration Tool Wraps
- Articulating Keyboard Trays
- Automated Filing Systems
- Book Holders
- Cake Decorating and Baking Equipment
- Deburring Tools
- Electronic Organizers
- Ergonomic and Pneumatic Tools
- Expanded Keyboards
- Forearm Supports
- Grip Aids
- Hair Scissors
- Handheld Computers (General)
- Hands Free Resuscitation Devices
- Keyguards
- Light Switch Extension Handles
- Lightweight Lead Aprons
- Manhole Cover Lifts
- Miniature Keyboards
- On-Screen Keyboards
- One-Handed Keyboard Software
- One-Handed Keyboards
- Page Turners
- Periodic Rest Breaks
- Pipettes
- Professional Organizers
- Protective Eyewear
- Scribe/Notetaker
- Speech Recognition Software

- Talking Bar Code Scanner/Reader
- Talking Money Identifier
- Test Tube Holders
- Tool Balancers
- Van Conversion
- Writing Aids

# Grasping

- Industrial
- Compact Material Handling
- Motorized Carts
- Multi-Purpose Carts
- Tool Balancers
- Office Equipment
  - Auto-dialers
  - Automated Filing Systems
  - Book Holders
  - Compact Material Handling
  - Hands-free Telephones
  - Headsets
  - Left Hand-Dominant Keyboards
  - Motorized Carts
  - Multi-Purpose Carts
  - One-Handed Keyboards
  - Reachers
  - Writing Aids
  - Scribe/Notetaker
- Other
- Aide/Assistant/Attendant
- Money Handling Products
- Mop Buckets
- Mops and Mop Handles

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# Steering Grips

# Handling/Fingering

- Industrial
- Compact Material Handling
- Ergonomic and Pneumatic Tools
- Vacuum Pickup Tools
- Office Equipment
  - Alternative Input Devices
  - Alternative Keyboards
  - Alternative Mice
  - Book Holders
  - Ergonomic Equipment
  - On-Screen Keyboards
  - One-Handed Keyboards
  - Speech Recognition Software
  - Typing / Keyboarding Aids
  - Writing Aids
- Other
- Aide/Assistant/Attendant
- Money Handling Products
- Periodic Rest Breaks

### Lifting

- Agriculture/Farm
  - Animal Lift Tables
  - Carts
  - Compact Mobile Cranes
- Lifting
- Aerial Lifts
- Ball Transfer Tables
- Battery Powered Lift Tables

- Engine Lifts and Lift Plates
- Lift Gates
- Lift Tables
- Truck Mounted Cranes
- Vacuum Lifts
- Winches and Chain Hoists
- Office or Retail Goods
  - Carts
  - Compact Material Handling
  - Ergonomic Assessments
  - Ergonomic Equipment
- Other
- Drywall and Wallboard Lifts
- Ergonomic Equipment
- Independent Living Aids
- Job Restructuring
- Lifters and Carriers for Mobility Aids
- Lifting Aids
- Periodic Rest Breaks
- People
- Accessible Baby Changing Stations
- Adjustable Exam Tables
- Adult Changing Tables
- Large-Rated Wheelchair Lifts
- Patient Lifts (General)
- Pool Lifts
- Powered Bath Lifts
- Toileting Aids
- Transfer Aids
- Transfer Sheets
- Wheelchair Lifts

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### Operating Foot Control

- Adjustable Drafting Tables
- Ergonomic and Pneumatic Tools
- Foot Controls
- Hand Controls
- Joystick Driving Systems
- Left-Foot Gas Pedal
- Pedal Extenders

#### Pain

- Industrial
- Adjustable Workstations for Industrial Settings
- Anti-fatigue Matting
- Carts
- Ergonomic Assessments
- Ergonomic Equipment
- Wearable Anti-fatigue Matting
- Office Equipment
  - Adjustable Workstations for Office Settings
  - Alternative Keyboards
  - Alternative Mice
  - Anti-fatigue Matting
  - Automatic Door Openers
  - Carts
  - Ergonomic and Adjustable Office Chairs
  - Ergonomic Assessments
  - Forearm Supports
  - Gooseneck and Other Telephone Holders
  - Headsets
  - Scooters
  - Scribe/Notetaker
  - Speech Recognition Software

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- Stand-lean Stools
- Supine Workstations
- Wearable Anti-fatigue Matting
- Worksite Redesign / Modified Workspace
- Workstation Space Heaters
- Writing Aids
- Other
- Aide/Assistant/Attendant
- Flexible Schedule
- Modified Break Schedule
- Service Animal
- Telework, Work from Home, Working Remotely

### Standing

- Accessories for Scooters
- Adjustable Drafting Tables
- Adjustable Workstations for Industrial Settings
- Adjustable Workstations for Office Settings
- All-Terrain Scooters
- Anti-fatigue Matting
- Assist Lift Cushions
- Elevating Lift and Office Chairs
- Ergonomic and Pneumatic Tools
- Examination and Procedures Chair
- Flexible Schedule
- Grab Bars
- Handheld Computers (General)
- Head Support for Wheelchairs
- Low Task Chair
- Periodic Rest Breaks
- Scooters
- Stair Assists

- Stand Aids
- Stand-lean Stools
- Stand-up Wheelchairs
- Stools for Cutting Hair
- Van Conversion
- Wearable Anti-fatigue Matting
- Wheelchair Accessible Scales
- Wheelchair Carts/Trailers
- Wheelchair Mounts
- Wheelchairs

#### Stress Intolerance

- Apps for Anxiety and Stress
- Behavior Modification Techniques
- Counseling/Therapy
- Environmental Sound Machines / Tinnitus Maskers / White Noise Machines
- Flexible Schedule
- Job Restructuring
- Marginal Functions
- Modified Break Schedule
- Supervisory Methods
- Support Animal
- Support Person

#### Use of One Hand/Arm

- Aide/Assistant/Attendant
- Alternative Input Devices
- Alternative Keyboards
- Alternative Mice
- Arm Prosthetics
- Articulating Keyboard Trays
- Auto-dialers

- Automated Filing Systems
- Automatic and Remote Control Blinds
- Book Holders
- Compact Material Handling
- Dental and Surgical Instruments
- Door Knob Grips and Handles
- Electric Scissors
- Ergonomic and Pneumatic Tools
- Ergonomic Equipment
- Ergonomic Knives
- Ergonomic Scissors
- Expanded Keyboards
- Eye Controlled Alternative Computer Input Devices
- File Carousels
- Filing Trays
- Forearm Supports
- Gardening Equipment
- Gear Shift Adapter/Extension
- Gooseneck and Other Telephone Holders
- Graphics Design Software
- Grip Aids
- Grooming and Dressing Aids
- Hands Free Resuscitation Devices
- Hands-free Telephones
- Headsets
- Job Coaches
- Job Restructuring
- Keyguards
- Left Hand-Dominant Keyboards
- Miniature Keyboards
- Money Handling Products

- Mop Buckets
- Mops and Mop Handles
- Motorized Carts
- Multi-Purpose Carts
- On-Screen Keyboards
- One-Hand Syringes
- One-Handed Keyboard Software
- One-Handed Keyboards
- Page Turners
- Patient Lifts (General)
- Personal On-Site Paging Devices
- Planting Aids
- Reachers
- Scribe/Notetaker
- Shoulder Rests for Telephone Handsets
- Speech Recognition Software
- Steering Grips
- Switches
- Ten Keypads
- Tongue Touch Keyboards/Mice
- Tool Balancers
- Typing / Keyboarding Aids
- Vacuum Lifts
- Vacuum Pickup Tools
- Word Prediction/Completion and Macro Software
- Writing Aids

# Walking

- Accessories for Scooters
- Aide/Assistant/Attendant
- All-Terrain Scooters
- All-Terrain Wheelchairs

- Anti-fatigue Matting
- Boat Access
- Ergonomic and Pneumatic Tools
- Examination and Procedures Chair
- Foldable / Transport Wheelchairs
- Head Support for Wheelchairs
- Large-Rated Scooters
- Large-Rated Wheelchairs
- Low Task Chair
- Personal Transportation and Mobility Products
- Reclining Wheelchairs
- Rollators and Rolling Walkers
- Scooters
- Scooters for Small Stature
- Stair Assists
- Stools for Cutting Hair
- Telework, Work from Home, Working Remotely
- Van Conversion
- Walkers
- Walkers for Tall Individuals
- Walkers with Seats
- Wearable Anti-fatigue Matting
- Wheelchair Accessible Scales
- Wheelchair Carts/Trailers
- Wheelchair Mounts
- Wheelchairs
- Wheelchairs for Small Stature
- Worksite Redesign / Modified Workspace

#### **Work-Related Functions**

Manipulate Items

- Adjustable Drafting Tables
- Adjustable Massage Tables
- Aerial Lifts
- Anti-vibration Gloves
- Anti-vibration Tool Wraps
- Auto-dialers
- Automated Filing Systems
- Automatic Door Openers
- Cake Decorating and Baking Equipment
- Compact Mobile Cranes
- Deburring Tools
- Electric Scissors
- Electric Stapler
- Electronic Organizers
- Ergonomic and Pneumatic Tools
- Folding Steps
- Graphics Design Software
- Grip Aids
- Hair Scissors
- Height Adjustable Table Legs
- Large-Rated Small Step Ladders
- Light Switch Extension Handles
- Mechanic's Seats and Creepers
- Pickups, Semis, and Heavy Equipment
- Pipettes
- Professional Organizers
- Rolling Safety Ladders
- Sewing Aids for Individuals with Vision Impairment
- Stair Assists
- Stools for Cutting Hair
- Talking Bar Code Scanner/Reader

- Talking Money Identifier
- Test Tube Holders
- Tool Balancers
- Vacuum Lifts
- Vacuum Pickup Tools
- Wheelchair Trays

#### Move Items/People

- Adjustable Exam Tables
- Aerial Lifts
- Animal Lift Tables
- Ball Transfer Tables
- Battery Powered Lift Tables
- Cake Decorating and Baking Equipment
- Carts
- Compact Material Handling
- Compact Mobile Cranes
- Engine Lifts and Lift Plates
- Ergonomic and Pneumatic Tools
- Grab Bars Toilet Hinged Arm Support
- Hair Scissors
- Large-Rated Small Step Ladders
- Lifting Aids
- Light Switch Extension Handles
- Manhole Cover Lifts
- Multi-Purpose Carts
- Pickups, Semis, and Heavy Equipment
- Pipettes
- Pool Lifts
- Proper Lifting Techniques
- Rolling Safety Ladders
- Spring-Loaded Carts

- Stainless Steel Carts and Worktables
- Swing Away Grab Bars
- Tire Handling
- Transfer Aids
- Transfer Sheets
- Trashcans
- Vacuum Lifts
- Vacuum Pickup Tools
- Walk-up Changing Tables

#### Operate Equipment/Vehicles

- Adjustable Drafting Tables
- Adjustable Massage Tables
- Anti-vibration Gloves
- Anti-vibration Seats
- Anti-vibration Tool Wraps
- Breath and Mouth Controlled Alternative Computer Input Devices
- Convex Mirrors
- Deburring Tools
- Ergonomic and Pneumatic Tools
- Ergonomic Equipment
- Gear Shift Adapter/Extension
- Hand Controls
- Head Controlled Alternative Computer Input Devices
- Height Adjustable Table Legs
- Joystick Driving Systems
- Long-Handled Mirrors
- Mechanic's Seats and Creepers
- Pickups, Semis, and Heavy Equipment
- Seat Belts & Seat Belt Extenders
- Swivel Seats and Seat Extenders
- Talking Cash Register

- Talking Coin Counter/Sorter
- Talking Credit Card Terminal
- Telephone Flasher
- Telescoping Cameras
- Van Conversion
- Vehicle Rear Vision System
- Wheelchair Lifts

# Parking

- Accessible Parking Space
- Flexible Schedule
- Telework, Work from Home, Working Remotely
- Wheelchairs

#### **Policies**

- Additional Training Time / Training Refreshers
- Aide/Assistant/Attendant
- Environmental Sound Machines / Tinnitus Maskers / White Noise Machines
- Flexible Schedule
- Marginal Functions
- Modified Break Schedule
- Periodic Rest Breaks
- Physical/Social Distancing Signage
- Policy Modification
- Reassignment
- Service Animal
- Sleep Alerting Devices
- Strobe Lights
- Supervisory Methods
- Support Animal
- Telework, Work from Home, Working Remotely
- Touchless Faucets

#### Work Site Access

- Accessible Toilets and Toilet Seats
- Accessories for Scooters
- Adjustable Workstations for Industrial Settings
- Adjustable Workstations for Office Settings
- All-Terrain Scooters
- Anti-fatigue Matting
- Automatic Door Openers
- Boat Access
- Braille and/or ADA Signage
- Door Knob Grips and Handles
- Examination and Procedures Chair
- Flexible Schedule
- Head Support for Wheelchairs
- High Visibility Floor Tape and Paint
- Low Task Chair
- Portable Ramps
- Ramps
- Scooters
- Service Animal
- Smart Locks/Keyless Entry Locks
- Stair Assists
- Stair Tread/Textured Tape
- Support Animal
- Telework, Work from Home, Working Remotely
- Van Conversion
- Walkers
- Wearable Anti-fatigue Matting
- Wheelchair Accessible Scales
- Wheelchair Carts/Trailers
- Wheelchair Lifts

- Wheelchair Mounts
- Wheelchairs
- Worksite Redesign / Modified Workspace

#### Work Station Access

- Accessories for Scooters
- Adjustable and Ergonomic School Desks and Equipment
- Adjustable Desk Top Workstations for Office Settings
- Adjustable Workstations for Industrial Settings
- All-Terrain Scooters
- Anti-fatigue Matting
- Articulating Keyboard Trays
- Assist Lift Cushions
- Automatic Door Openers
- Chair Mats
- Chairs for Little People
- Chairs for People who are Tall
- Dual Monitors
- Elevating Lift and Office Chairs
- Ergonomic and Adjustable Office Chairs
- Ergonomic Equipment
- Examination and Procedures Chair
- Expanded Keyboards
- Forearm Supports
- Forward Leaning Chairs
- Head Support for Wheelchairs
- Large-Rated Chairs
- Low Task Chair
- Monitor Mirrors
- Monitor Risers
- Mousing Surfaces
- Stair Assists

- Stand-lean Stools
- Supine Workstations
- Van Conversion
- Wheelchair Accessible Scales
- Wheelchair Carts/Trailers
- Wheelchair Mounts
- Wheelchairs
- Work Platforms
- Zero Gravity (reclining) Chairs

#### Situations and Solutions:

# An applicant, who had both of his legs amputated, uses a wheelchair to help him ambulate.

The office building that he will be reporting to work in does not have an elevator and if he gets the position his workstation will be located on the third floor. As an accommodation, the employer agrees to allow the individual to work in an office on the first floor should he be selected for the position.

# A child care worker with cancer had difficulty walking through a campus environment.

The employee requested the ability to stay in one building. The employer contacted JAN for options. JAN suggested a mobility aid that the individual used solely for job functions.

# An employee who works as a police officer has recently had one of his legs amputated.

The employer is unable to locate an accommodation that would allow the employee to safely perform the essential function of this position. However, an administrative position within the unit will become vacant soon so the employer arranges to allow the employee to be reassigned into this position as an accommodation.

# A veteran with double, above-elbow amputations, works for a federal agency and must take a laptop and paperwork to and from work each day

Her employer provided a personal assistant to carry the laptop and paperwork to and from the employee's car.

# An employee who works as a truck driver has recently had her dominant arm amputated.

She has expressed concern in her ability to return to work because she is unable to shift the gears in the vehicle. As an accommodation, the employer arranged for the employee to drive an automatic transmission truck.

# An employee who works as a teacher has recently had her dominant arm amputated.

She states that she is having trouble writing important information on the dry erase board due to lack of practice in writing with the non-dominant arm. The employer allows her to use a projector and type the information on a keyboard as an accommodation until a smart board can be purchased.

# An applicant, who has had both of her arms amputated, is applying to work in an accounting position.

The applicant mentioned that in a previous position, her employer allowed her to use speech recognition software and a head tracking camera mouse to access her workstation computer. The employer reviewed these options and decided to provide them should the applicant be selected for the position.

# An employee recently returned to work after having one hand amoutated.

The employee had difficulty using a staple remover. The employer agreed to switch from using staples to paper clips as the employee finds those much easier to work with.

#### **Products**

There are numerous products that can be used to accommodate people with limitations. JAN's Searchable Online Accommodation Resource at <a href="https://AskJAN.org/soar">https://AskJAN.org/soar</a> is designed to let users explore various accommodation options. Many product vendor lists are accessible through this system; however, JAN provides these lists and many more that are not available on the Web site upon request. Contact JAN directly if you have specific accommodation situations, are looking for products, need vendor information, or are seeking a referral.

# Resources

#### **Job Accommodation Network**

West Virginia University PO Box 6080 Morgantown, WV 26506-6080 Toll Free: (800) 526-7234

TTY: (304) 293-7186 Fax: (304) 293-5407

jan@askjan.org https://askjan.org

The Job Accommodation Network (JAN) is a free consulting service that provides information about job accommodations, the Americans with Disabilities Act (ADA), and the employability of people with disabilities.

#### Office of Disability Employment Policy

200 Constitution Avenue, NW, Room S-1303 Washington, DC 20210 Toll Free: (866) 633-7365

odep@dol.gov

https://www.dol.gov/agencies/odep

The Office of Disability Employment Policy (ODEP) is an agency within the U.S. Department of Labor. ODEP provides national leadership to increase employment opportunities for adults and youth with disabilities while striving to eliminate barriers to employment.

#### **American Occupational Therapy Association**

6116 Executive Boulevard, Suite 200 North Bethesda, MD 20852-4929 Direct: (301) 652-6611

members@aota.org https://www.aota.org/ The American Occupational Therapy Association (AOTA) is the national professional association established in 1917 to represent the interests and concerns of occupational therapy practitioners and students of occupational therapy and to improve the quality of occupational therapy services.

### **American Physical Therapy Association**

http://www.moveforwardpt.com/Default.aspx

MoveForwardPT.com is the official consumer information website of the American Physical Therapy Association.

### **Amputee Coalition of America**

9303 Center Street Suite 100 Manassas, VA 20110 Toll Free: (888) 267-5669

http://www.amputee-coalition.org

The Amputee Coalition of America (ACA) is a national, non-profit amputee consumer educational organization representing people who have experienced amputation or are born with limb differences. The ACA includes individual amputees, amputee education and support groups for amputees, professionals, family members and friends of amputees, amputation or limb loss related agencies, and organizations.

### **Enabling the Future**

http://enablingthefuture.org/

The e-NABLE Community is an amazing group of individuals from all over the world who are using their 3D printers to create free 3D printed hands and arms for those in need of an upper limb assistive device.

# **Helping Hands Foundation**

P.O. Box 332 Medfield, MA 02052 info@HelpingHandsGroup.org/ http://helpinghandsgroup.org/

We have as a continuous goal, to provide support, share experiences and supply information to parents, affected children and their siblings. We choose to focus on the individual child and the challenges they may face. We emphasize their abilities, not their disabilities.

#### **Limbs for Life Foundation**

9604 N. May Avenue Oklahoma City, OK 73120 Toll Free: (888) 235-5462 Direct: (405) 843-5174 Fax: (405) 843-5123

admin@limbsforlife.org http://www.limbsforlife.org/

The Limbs for Life Foundation is a global nonprofit organization dedicated to providing fully functional prosthetic care for individuals who cannot otherwise afford it and raising awareness of the challenges facing amputees.

#### MedlinePlus

8600 Rockville Pike Bethesda, MD 20894 custserv@nlm.nih.gov https://medlineplus.gov

MedlinePlus is the National Institutes of Health's Web site for patients and their families and friends. Produced by the National Library of Medicine, the world's largest medical library, it brings you information about diseases, conditions, and wellness issues in language you can understand. MedlinePlus offers reliable, up-to-date health information, anytime, anywhere, for free.

# **National Center for Biotechnology Information**

8600 Rockville Pike Bethesda, MD 20894 pubmedcentral@ncbi.nlm.nih.gov https://www.ncbi.nlm.nih.gov/

The National Center for Biotechnology Information advances science and health by providing access to biomedical and genomic information.

#### The Given Limb Foundation

http://givenlimb.org/

The Given Limb Foundation is dedicated to improving the lives of individuals with amputations or diminished use of their limbs throughout the world. We aim to support outreach, education, research, and support for those who are facing or have had limb amputations or diminished use of their limbs, particularly our wounded military.

# **Wiggle Your Toes**

PO Box 385141 Bloomington, MN 55438 Direct: (612) 321-8637 Info@wiggleyourtoes.org http://wiggleyourtoes.org/

Our Mission is to empower those who have lost a limb to move forward, take action and get back to the life they want.

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